

North Family HUBs



North Family Hubs Summer Timetable 21st July - 29th August

Other community
venues we deliver at:

Bullcroft Memorial Hall

Chestnut Avenue Carcroft
DN6 8AP

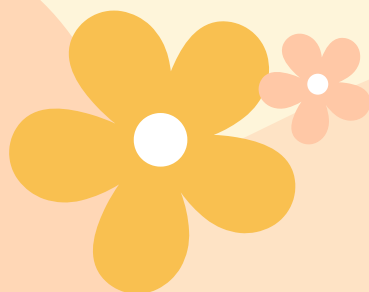
Highfields Primary School

Coppice Road, Highfields, DN6 7JB

Sprotbrough Scout Group Hall

Car Park, Anchorage Lane
DN5 8DT

We can't wait
to see you!



Discover the sessions, activities,
support and events taking place for families of
children aged 0-5 and beyond!

Join us at:

Adwick Family Hub

Askern Family Hub

Bentley Family Hub






Proudly supporting families in North Doncaster including:
Bentley • Askern • Adwick • Woodlands • Highfields
Roman Ridge • Norton • Carcroft • Sprotbrough • Toll Bar

www.yourlifedoncaster.co.uk/family-hubs

Summer Timetable

Week 1: 21st July – 25th July

**North
Family
HUBs**

| | Monday 21st | Tuesday 22nd | Wednesday 23rd | Thursday 24th | Friday 25th |
|--------------|--|---|--|--|--|
| Adwick | Family Fun Superhero's assemble 10:00am – 11:30am <div>Can you find your favourite superhero in the scavenger hunt? Create your own superhero cuffs and mask!.</div> | First Friends 1:00pm – 2:30pm | Tuneful Chatter 10:00am – 11:00am | |  |
| Askern |  | | Sensory room Available to book at Askern & Bentley Family Hub Monday – Friday Call 01302 737350 to book your slot. | First Friends 1:00pm – 2:30pm | Family Fun Superheroes Assemble 10:00am – 11:30am <div>Can you find your favourite superhero in the scavenger hunt? Create your own superhero cuffs and mask!.</div> |
| Bentley | Baby Sensory 1:30pm – 2:30pm 0-2 years | Baby Massage 9:30am – 11:30am (Invite Only) LIGHT Group 10:30am – 12:30pm (Invite Only) Breast Start 1:00pm – 2:30pm | Family Fun Superheroes Assemble 10:00am – 11:30am <div>Can you find your favourite superhero in the scavenger hunt? Create your own superhero cuffs and mask!.</div> | | First Friends 1:00pm – 2:30pm |
| Other venues | Breast Start 9.30am – 11.00am St Edmonds Scout Group Hall Anchorage Lane Sprotbrough DN5 8DT First Friends 1:00pm – 2:30pm Bullcroft Memorial Hall, Chestnut Avenue, Carcroft, DN6 8AP | Family Fun Superhero's assemble 10:00am – 11:30am Highfields Primary School Market Street Highfields DN6 7JB | <div>All of our sessions are dad/male carer friendly</div> |  | |

Sessions & Activities

North
Family
HUBs

★ **First Friends** (*Pre-Birth to Pre-Crawling*)

Come and play together within a safe, informative and stimulating environment, which is welcoming and supportive to all. Health and development advice from a trained Nursery Nurse is available.

You can attend this group if you are currently pregnant.



★ **Lets Dance Together** (*3 - 11 Years*)

Lots of energy to burn off? Come along to our active dance session where you cha cha slide and dance in the glow disco.

Then cool down with some cosmic yoga!



★ **Summer Family Fun** (*All the Family*)

Fun, Interactive sessions for the whole family to enjoy. Each week will have a different theme including: Superheroes Assemble!, Safety Week, Healthy Lifestyles, The Joy Of Movement, The Great Outdoors, and Science Week.



★ **Tuneful Chatter** (*0-5*)

Take part in playful arts activities with Tuneful Chatter! Here your children will have fun with experience artists exploring music, dance, and drama activities. This activity is part of Tuneful Chatter, and funded by Arts Council England place partnerships and Doncaster council, and lead by Darts, Cast, and City of Doncaster Early Years Intervention & Prevention service.

★ **Big Art** (*3-11 Years*)

How big can art be! Think spray bottles with paint, large sheets of paper, and big boxes to make your own wonderful creations!

★ **Baby Sensory** (*0 - 2 Years*)

Sensory fun for your little ones - each week explore a different sensory experience. Sessions include water play, natural play, exploring sounds, and different textures.

★ **Toddler Glow Experience** (*Walking - 3 years*)

A wonderful sensory experience that incorporates glow in the dark sensory activities for your little ones to explore.



Sessions & Activities

★ Infant Massage (From 6 Weeks)

You will be invited to book onto these sessions by your Health Visitor – You will learn gentle massage techniques with your baby, which will support bonding and attachment, improve baby's skin and sleep, aid digestion and help reduce colic. **Call the Health team for more information on 0300 021 8997.**

★ LIGHT Support Group

Light is a pre and post-natal peer support group providing support around emotional wellbeing and mental health of mums and their families. **For more information please call 01144 388962.**

★ Breast Start

A friendly and relaxed environment that gives an opportunity to meet other mums, share experiences and build your confidence to breast feed, with support from peer supporters and a Trained Health Professional.

★ Other Services and Support

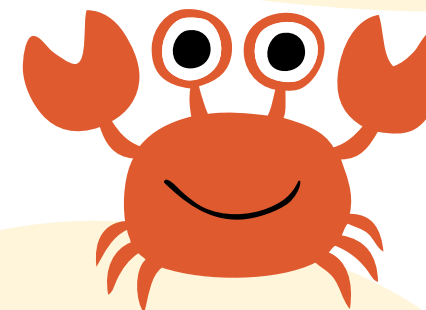
You can also access information and support around **volunteering, counselling services**, how to join our parent groups or become a **parent champion**, access **wider feeding support** and much more. for more information about each of these, visit www.doncaster.gov.uk/familyhubs.



Don't forget to follow us on Facebook for all the latest updates! Just search for your local Family Hub!



North
Family
HUBs



Our venues :

Adwick Family Hub

Central Avenue,
Woodlands, DN6 7RU
01302 737717

Askern Family Hub

Spa Pool Road, Askern
DN6 0HZ
01302 737099

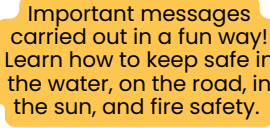
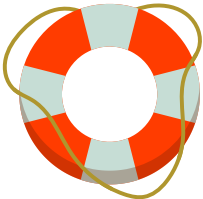

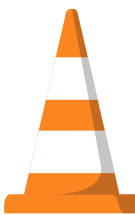
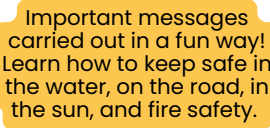
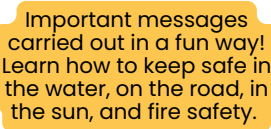


Bentley Family Hub

The Avenue, Bentley
DN5 0NP
01302 737350

Become a member at
your local Family Hub!

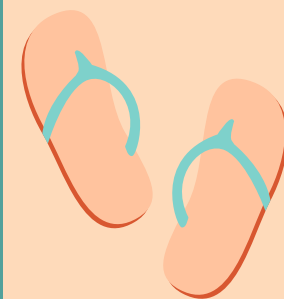
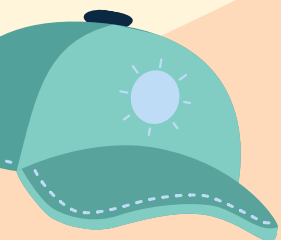
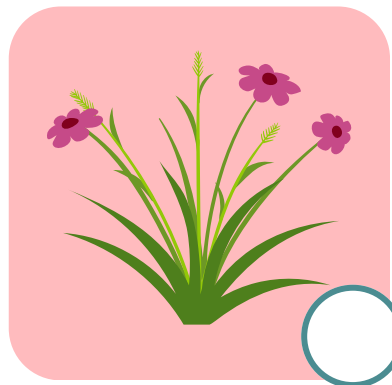
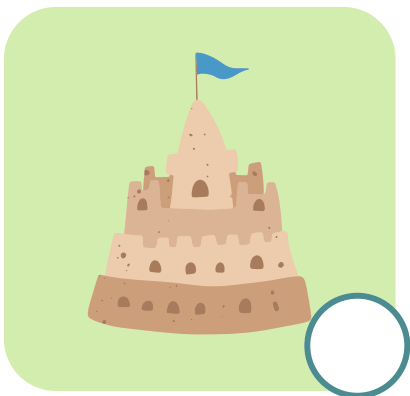
For more information, visit:

WWW.YOURLIFEDONCASTER.CO.UK/FAMILY-HUBS

| | Monday 28th | Tuesday 29th | Wednesday 30th | Thursday 31st | Friday 1st |
|--------------|--|---|---|---|--|
| Adwick | Family Fun Safety Week 10:00am-11:30am  | First Friends 1:00pm – 2:30pm | Tuneful Chatter 10:00am – 11:00am |  | Big Art 9:30am – 10:30am 3-11 years  |
| Askern |  | Lets Dance Together 10:00am-11:00am | Sensory room Available to book Monday – Friday Call 01302 737099 to book your slot. | First Friends 1:00pm – 2:30pm | Family Fun Safety Week 10:00am – 11:30am  |
| Bentley | Baby Sensory 1:30pm – 2:30pm 0-2 years | Baby Massage 9:30am – 11:30am (Invite Only) LIGHT Group 10:30am – 12:30pm (Invite Only) Breast Start 1:00pm – 2:30pm | Family Fun Safety Week 10:00am-11:30am  | | First Friends 1:00pm – 2:30pm Big Art 1:30pm – 2:30pm 3-11 years |
| Other venues | Breast Start 9.30am – 11.00am St Edmonds Scout Group Hall Anchorage Lane Sprotbrough DN5 8DT First Friends 1:00pm – 2:30pm Bullcroft Memorial Hall, Chestnut Avenue, Carcroft, DN6 8AP | Family Fun Safety Week 10:00am-11:30am Highfields Primary School Market Street Highfields DN6 7JB Toddler Glow Experience 1:30pm-2:30pm Walking – 3 years Bullcroft Memorial Hall, Chestnut Avenue, Carcroft, DN6 8AP | | |   |

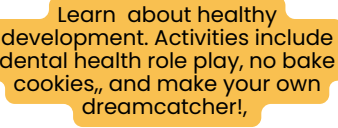



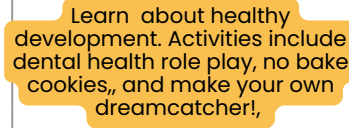
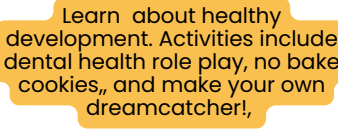
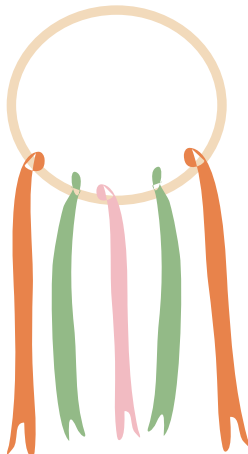

Summer Scavenger Hunt

Place a check ✓ next to each item you see over the holidays



Summer Timetable

Week 3: 4th August – 8th August

| | Monday 4th | Tuesday 5th | Wednesday 6th | Thursday 7th | Friday 8th |
|--------------|---|---|--|---|---|
| Adwick | Family Fun Healthy Lifestyles 10:00am-11:30am  Learn about healthy development. Activities include dental health role play, no bake cookies,, and make your own dreamcatcher!, | First Friends 1:00pm – 2:30pm | Tuneful Chatter 10:00am – 11:00am |  | Toddler Glow Experience 9:30am-10:30am Walking – 3 years |
| Askern |  | Big Art 10:00am – 11:00am 3-11 years OUTDOOR SESSION  | Sensory room Available to book Monday – Friday Call 01302 737099 to book your slot. | First Friends 1:00pm – 2:30pm | Family Fun Healthy Lifestyles 10:00am-11:30am  Learn about healthy development. Activities include dental health role play, no bake cookies,, and make your own dreamcatcher!, |
| Bentley | Sensory Fun 1:30pm – 2:30pm 0-2 years | Baby Massage 9:30am – 11:30am (Invite Only) LIGHT Group 10:30am – 12:30pm (Invite Only) Breast Start 1:00pm – 2:30pm | Family Fun Healthy Lifestyles 10:00am-11:30am  Learn about healthy development. Activities include dental health role play, no bake cookies,, and make your own dreamcatcher!, | | First Friends 1:00pm – 2:30pm Lets Dance Together 1:30pm – 2:30pm 3 – 11 years |
| Other venues | Breast Start 9.30am –11.00am St Edmonds Scout Group Hall Anchorage Lane Sprotbrough DN5 8DT First Friends 1:00pm – 2:30pm Bullcroft Memorial Hall, Chestnut Avenue, Carcroft, DN6 8AP | Lets Dance Together 1:30pm-2:30pm 3 – 11 years Bullcroft Memorial Hall, Chestnut Avenue, Carcroft, DN6 8AP |  | |  All of our sessions are dad/male carer friendly |

Can you colour a summer picture

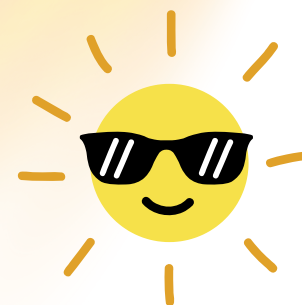


Summer Fayres

Adwick Family Hub
28th July



Askern Family Hub
8th August



Bentley Family Hub
20th August

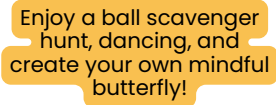

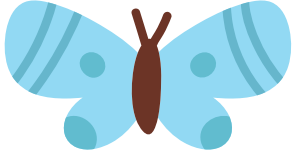
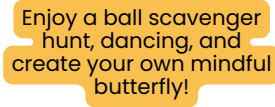
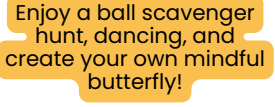



All 10am-11.30am


**All the joy of our Summer Family Funs
with additional professionals to help
provide support and advice.**

Summer Timetable

Week 4: 11th August – 15th August





North
Family
HUBs

| | Monday 11th | Tuesday 12th | Wednesday 13th | Thursday 14th | Friday 15th |
|--------------|--|---|--|--|---|
| Adwick | Family Fun The Joy Of Movement 10:00am – 11:30am  Enjoy a ball scavenger hunt, dancing, and create your own mindful butterfly! | First Friends 1:00pm – 2:30pm | Tuneful Chatter 10:00am – 11:00am |  | Lets Dance Together 10:00am – 11:00am 3 – 11 years |
| Askern | |  | Sensory room Available to book Monday – Friday Call 01302 737099 to book your slot. | First Friends 1:00pm – 2:30pm | Family Fun The Joy Of Movement 10:00am – 11:30am  Enjoy a ball scavenger hunt, dancing, and create your own mindful butterfly! |
| Bentley | Sensory Fun 1:30pm – 2:30pm 0–2 years | Baby Massage 9:30am – 11:30am (Invite Only) LIGHT Group 10:30am – 12:30pm (Invite Only) Breast Start 1:00pm – 2:30pm | Family Fun The Joy Of Movement 10:00am – 11:30am  Enjoy a ball scavenger hunt, dancing, and create your own mindful butterfly! | Sensory room Available to book Monday – Friday Call 01302 737350 to book your slot. | First Friends 1:00pm – 2:30pm Toddler Glow Experience 1:30pm–2:30pm Walking – 3 years |
| Other venues | Breast Start 9.30am – 11.00am St Edmonds Scout Group Hall Anchorage Lane Sprotbrough DN5 8DT First Friends 1:00pm – 2:30pm Bullcroft Memorial Hall, Chestnut Avenue, Carcroft, DN6 8AP | Family Fun The Joy Of Movement 10:00am – 11:30am Highfields Primary School Market Street Highfields DN6 7JB Big Art 1:30pm – 2:30pm Bullcroft Memorial Hall, Chestnut Avenue, Carcroft, DN6 8AP |  All of our sessions are dad/male carer friendly  | |  |

| | Monday 18th | Tuesday 19th | Wednesday 20th | Thursday 21st | Friday 22nd |
|--------------|--|--|--|--|---|
| Adwick | Family Fun The Great Outdoors 10:00am – 11:30am  | First Friends 1:00pm – 2:30pm | Tuneful Chatter 10:00am – 11:00am |  |  |
| Askern |  | Big Art 10:00am – 11:00am 3-11 years OUTDOOR SESSION  | Sensory room Available to book Monday – Friday Call 01302 737099 to book your slot. | First Friends 1:00pm – 2:30pm | Family Fun The Great Outdoors 10:00am – 11:30am  |
| Bentley | Sensory Fun 1:30pm – 2:30pm 0-2 years | Baby Massage 9:30am – 11:30am (Invite Only) LIGHT Group 10:30am – 12:30pm (Invite Only) Breast Start 1:00pm – 2:30pm | Family Fun The Great Outdoors 10:00am – 11:30am  | Sensory room Available to book Monday – Friday Call 01302 737350 to book your slot. | First Friends 1:00pm – 2:30pm Big Art 1:30pm – 2:30pm 3-11 years |
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Summer Timetable

Week 6: 25th August – 29th August

| | Monday 25th | Tuesday 26th | Wednesday 27th | Thursday 28th | Friday 29th |
|--------------|--------------|---|---|---|---|
| Adwick | BANK HOLIDAY | First Friends 1:00pm – 2:30pm |  | | Toddler Glow Experience 10:00am–11:00am Walking – 3 years |
| Askern | BANK HOLIDAY | Big Art 10:00am – 11:00am 3–11 years OUTDOOR SESSION  | Tuneful Chatter 10:00am – 11:00am | First Friends 1:00pm – 2:30pm Sensory room Available to book Monday – Friday Call 01302 737099 to book your slot. | Family Fun Science Week 10:00am – 11:30am See how amazing Science can be – from dancing raisins to making your own playdough to take home. |
| Bentley | BANK HOLIDAY | Baby Massage 9:30am – 11:30am (Invite Only) LIGHT Group 10:30am – 12:30pm (Invite Only) Breast Start 1:00pm – 2:30pm | Family Fun Science Week 10:00am – 11:30am See how amazing Science can be – from dancing raisins to making your own playdough to take home. | Sensory room Available to book Tuesday – Friday Call 01302 737350 to book your slot. | First Friends 1:00pm – 2:30pm Toddler Glow Experience 1:30pm–2:30pm Walking – 3 years |
| Other venues | BANK HOLIDAY | Lets Dance Together 1:30pm – 2:30pm 3 – 11 years Bullcroft Memorial Hall, Chestnut Avenue, Carcroft, DN6 8AP  |  | | All of our sessions are dad/male carer friendly |